Your room at the NIH Clinical Center offers a combination TV and computer for your use.

**To turn on your TV**
Locate and press the power button. It’s a toggle switch labeled “on/off”, located at the bottom of the screen’s left side.

**Channel and volume controls**
To change channels or adjust volume, use buttons on the lower right of the screen—or use the bedside “call bell.”

**To turn on your computer**
The computer should always stay on.
If the computer is turned off:
- Locate the computer box mounted near your bed’s headboard. The computer’s control panel faces either the closet or the window (depending on which bed you have).
- Look for the power button under the round silver logo.
- Press the button.
The computer is on if you see a green light on the power button.

*Note: the green light can be hard to see.*

**To use the Internet or watch a DVD**
- Make sure your computer box is on (see above).
- To switch from TV to computer mode on your screen, locate the TV/Video button, which is on the bottom left of the screen. Press this button four times.
- Watch for this message to appear in the upper right corner of the screen: RGB PC.

The online patient guide will appear.

*(If your screen stays black, press the spacebar on the computer keyboard several times.)*

- For Internet access, go to the Patient Portal under "Fun Stuff and the Web." Click the "Internet" link. You can also go to the “Start” menu (lower left corner of the screen) and select the “E” icon for Internet Explorer.

**Quick Note: Online Patient Guide**
The Clinical Center’s online patient guide includes information about what to expect while you’re here, education materials, Web access, and much more.
Open "Let Us Hear from You" to tell us what you think about our care and services.

**To watch a DVD**
- Locate the computer’s DVD slot. Press the button near the middle of the slot. The disk holder will slide out.
- Insert the DVD into the disk holder, and push it closed.
- Click “Start” and select the icon labeled “Power DVD.”
- Double-click the movie to begin.
- To stop your movie, click the “X” in the right corner.

**Need help?**
It’s available Monday through Friday 8 a.m. to 4 p.m. (except federal holidays).
Call **301-451-4380** anytime to leave a message that includes your room number or telephone number.

My room number ________________
My phone number ________________