

NIH Clinical Center Patient Education Materials

Welcome to OP7 Clinic

Hematology, Oncology, Cardiology Pulmonology Clinic

Contact Information

OP7: 301-496-8033

Fax: 301-402-4322

3SE Hematology/Oncology DH: 301-451-1152

5SWS Medical/surgical DH: 301-451-0671

3NE Inpatient unit: 301-451-0440

5SE Inpatient unit: 301-451-1540

Hours

Monday-Friday: 7:30a.m. – 4:30p.m.

Weekends and Holidays: Closed

Do you need identification?

We will give you an ID bracelet to wear on the wrist. Please understand that you need to keep it on at all times. The ID bracelet will serve as identification for lab collection and medication administration at NIH.

What should you bring with you?

Please bring an up-to-date list of your medicines and dosages with you, including over-the-counter and herbal medications and vitamin supplements. Let your nurse know if you have any drug allergies.

If your NIH doctor prescribes medicines to take home that are related to your research study, they will be filled at the Outpatient Pharmacy on the first floor. The hours are:

- Monday –Thursday: 8:30a.m. - 6p.m.
- Friday: 8:30a.m. - 8p.m.
- Weekends and Holidays: 8:30a.m. - 12:30p.m.

What can you expect during you visit?

Your care may include:

- Checking vital signs (temperature, blood pressure, pulse, oxygen measurement, weight, and height)
- Taking medical history and doing a physical assessment (screening, follow-up, and consult)
- Receiving treatment specific to your protocol, such as blood work, managing central lines, dressing changes, wound care and oral medications

There is a call light in every room. Use this to let the nurse know you need help. Your team may order an infusion (ex. blood, platelets, electrolytes, fluids, etc.) or a procedure (ex. bone marrow biopsy). If so, you will be transferred to the Day Hospital for care. There are escorts that will take you to the designated place.

The Clinical Research Nurses at the OP7 Outpatient Clinic care for children and adults who are enrolled in a variety of National Institutes of Health (NIH) research studies. Our team works together to give you the best care during your time at the Clinical Center. Here is some information about what you and your family can expect.

What happens when you arrive?

Sign in at the front desk, update your demographic sheet (available in English and Spanish), and sit in the waiting room.

Please tell us right away if you have:

- Signs of infections (fever, runny nose, diarrhea)
- A history of being on isolation
- Respiratory (breathing) symptoms; if so, please ask for a mask and put it on right away
- MRSA, VRE, CRE, KPC or any other similar infection (or a history of these infections)

What are isolation precautions?

If you have a disease that could spread to others, then we may ask you to wear a mask while in the hospital. You may also need to follow rules about leaving the room. Your nurse or doctor will explain what to do. By following these rules, your family can help stop the spread of diseases.

You may need to go to another part of the hospital for blood tests in phlebotomy. Phlebotomy is on the 1st floor, and it is open Monday through Friday, from 6:30a.m. to 4:15p.m.

How do you receive meals?

Snack brown bags, with saltine crackers and graham crackers, will be provided for you in the waiting room. Juices and ginger ale are available at the nurses' station, please ask your nurse.

Food may also be purchased in vending machines throughout the Clinical Center and in cafeterias and cafes. There are also many restaurants in Bethesda, about two miles from the hospital.

What are the rules about visitors?

A visitor may accompany a patient to the designated unit, into the room of the patient whom they are visiting, and into common rooms (lounges, cafeterias, playrooms). Please keep in mind:

- Visitors who have been recently exposed to an infectious disease (for example, impetigo, chickenpox, tuberculosis, hepatitis) may not visit.
- Visitors with cold or flu symptoms are discouraged from visiting.
- Visitors must wash their hands or use hand sanitizer when coming in and leaving your room to prevent spreading germs.
- The bathroom in your room is only for you and other patients. Visitors should use the Clinical Center's public bathrooms.
- NIH is a smoke-free campus. If you have any questions about our smoking policy, please talk to your health care team. The NIH police may fine anyone who smokes on the NIH property.
- Children under the age of 12 must be accompanied by a responsible adult (other than the patient) at all times. However patients and families should not bring minors due to our immunosuppressed patient population.

What if you have health problems at home? If you have a health emergency at home, call 911 right away.

If you have health problems at home, contact your local doctor or nurse practitioner. If your concern relates to your treatment at NIH, call your research nurse during regular business hours. After hours, call the inpatient unit.

Patient Portal

The patient portal provides patients with secure access to view selected medical information and the Patient Handbook online at any time.

To create your account, visit the website:

<http://patientportal.cc.nih.gov>

This information is prepared specifically for persons taking part in clinical research at the National Institutes of Health Clinical Center and may not apply to patients elsewhere. If you have questions about the information presented here, talk to a member of your health care team.

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National Institutes of Health Clinical Center

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[Questions about the Clinical Center?](#)

