

NIH Clinical Center Patient Education Materials

Fever guidelines for patients with neutropenia (low white blood cell count)

Please follow these instructions to seek immediate medical help when you have fevers.



- If you have one fever of 101.0 degrees Fahrenheit (38.3 degrees Centigrade) or higher at any time, call your nurse **immediately**.



- If you have a fever of 100.4 degrees Fahrenheit (38.0 degrees Centigrade) or higher, recheck your temperature in one hour. If that temperature is 100.4 degrees Fahrenheit (38.0 degrees Centigrade) or higher, call your nurse **immediately**.



- If you have two fevers of 100.4 degrees Fahrenheit (38.0 degrees Centigrade) or higher in 24 hours, call your nurse **immediately**.

Your Nurse (name): _____

Telephone number: _____

Note:

If you have neutropenia (low white blood cell count) and a fever, then do not take ibuprofen (Motrin, Advil), aspirin, acetaminophen (Tylenol), or Percocet.

This information is prepared specifically for persons taking part in clinical research at the National Institutes of Health Clinical Center and may not apply to patients elsewhere. If you have questions about the information presented here, talk to a member of your health care team.

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National Institutes of Health Clinical Center
Bethesda, MD 20892

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