After Your Gynecologic Procedure

For the next 24 hours, or while taking prescription pain medication:
- Do not drive.
- Make no critical legal or financial decisions.
- Do not drink alcoholic beverages.
- Do no heavy lifting or strenuous exercise.

Diet
- ☐ regular
- ☐ as tolerated
- ☐ other

Medications
- ☐ Percocet
- ☐ Tylenol #3
- ☐ Vicodin
- ☐ Tylenol
- ☐ Other

Activity
- ☐ regular
- ☐ no strenuous activity
- ☐ other

Swimming
- Avoid swimming in public pools for 1 week.

Sexual activity
- None for a week.

Wound Care
- ☐ Keep clean and dry.
- ________________________________
- Remove Band-aids tomorrow.

You may have gas pain for a few days. While you do, wear loose, comfortable clothing.

Contact ______________________________ through the page operator at 301-496-1211

If you have any of the following symptoms:
- temperature of 101 degrees Fahrenheit or above
- excessive or unusual drainage or bleeding
- general malaise
- severe abdominal pain
- unable to urinate within 6 hours of returning home

Appointments
Follow-up: call 301-451-0671

Doctor visit (NIH Clinical Center, 5 SWS Day Hospital)

This information is prepared specifically for patients participating in clinical research at the Clinical Center at the National Institutes of Health and is not necessarily applicable to individuals who are patients elsewhere. If you have questions about the information presented here, talk to a member of your healthcare team.

National Institutes of Health
Clinical Center
Bethesda, Maryland 20892