

Infection Control During COVID-19

Inpatients and Visitors

Test for COVID-19 on Admission

Patients and their visitor are tested for SARS-CoV2 (the virus that causes COVID-19 disease) on admission. Stay in your room until the test result is available. You may leave your room for medical care.

Wear Mask

Masks prevent the spread of germs like SARS-CoV2. By wearing a mask you are protecting yourself and others.



How to wear a mask:

1. Place the edge with the foam strip over the bridge of your nose.
2. Pull the loops over your ears.
3. Gently press the metal strip to fit to the bridge of your nose.
4. Pull gently at the top and bottom of the center front until it covers your nose and mouth.

Wear your mask at all times outside your room.

Wear your mask when anyone comes into your room.

Always clean your hands before and after touching your mask.

Wear a new mask every day. Ask your nurse for a new mask if yours is dropped on the floor or if it gets wet or dirty.

You may take off your mask:

- If necessary for medical care
- When you eat or drink
- If you are alone, or only with your visitor, in your room with the door closed



Maintain Physical Distancing

Always try to stay 6 feet from others unless medically necessary.

Patients and their visitor do not need to stay 6 feet apart from each other.

Follow physical distancing guidelines posted in the hospital.

Patients and visitors may not visit any other patients and visitors.

Get Approval if You Need to Leave

You may walk on the unit, but always notify the nurse before leaving the unit.

You may walk in public spaces of the hospital including the courtyards.

Do not leave the hospital unless approved.

Activity if on Isolation

Patients on isolation may only leave the unit for medical care and must always be with a staff member.

The visitor of a patient on isolation may go to public spaces of the hospital without the patient.

Patients and visitors may not visit any other patients and visitors.

Clean Your Hands



Clean your hands often with soap and water or alcohol hand sanitizer.

Rub all surfaces (front and back of hands, between fingers, nails, and wrists) for 20 seconds.

When to clean your hands?

- When you leave your room
- When you return to your room
- Before eating
- After using the restroom
- Before self care