

National Institutes of Health

# Research Study for Healthy Men



*Researchers at the National Institutes of Health (NIH) Clinical Center seek healthy men, 18-35 years old to participate in a research study. Doctors want to learn how the body burns energy at different temperatures. Compensation is provided.*

## **During the study you will:**

- Have a screening visit including medical history, physical exam, blood tests, and EKG.
- Have a 17-day inpatient stay at the NIH Clinical Center with weekends off.
- Stay in a temperature-controlled room and wear non-invasive devices to measure activity, heart rate, and temperature.
- Receive daily study medications (FDA-approved).

## **You may be eligible if you:**

- Are male, 18-35 years old.
- Have a BMI of 18.5-25 kg/m<sup>2</sup>.

## **You may not be eligible if you**

- Have a history of cancer, bariatric surgery, diabetes, or asthma.
- Smoke or use tobacco products.

The NIH Clinical Center, America's research hospital, is located in Bethesda, Maryland.  
On the Metro red line (Medical Center stop).



National Institute of  
Diabetes and Digestive  
and Kidney Diseases

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For more information,  
call: **1-800-411-1222**

TTY: 1-866-411-1010

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or go online, [clinicaltrials.gov](http://clinicaltrials.gov)  
search by study #**13-DK-0200**