

HEALTHY ADOLESCENT GIRLS WANTED FOR RESEARCH STUDY ON SMARTPHONE AND EATING HABITS



The Clinical Center (CC) at the National Institutes of Health (NIH) is conducting a study to assess if an attention training program on a smartphone influences eating habits in girls between 12 and 17 years of age.

Purpose: To test whether an attention training program on a mobile phone will influence teens' eating habits.

Who: Girls between the ages of 12 and 17 years old who are above average weight.

About the study: ✓ Girls will have a physical examination

✓ answer questions in provided questionnaires and interviews

✓ a brain scan, and complete activities on a computer

✓ eat a meal, and give urine and blood samples

✓ girls will be given smartphones to carry with them for two weeks to complete brief tasks

✓ parents/guardians will be informed about possible procedures and must give consent for participation

✓ girls who qualify to participate in the study will be compensated for their time

Time required: One half-day screening visit. If eligible, participants will be invited to participate in the Smartphone Program, and to return to the NIH Clinical Center for 5 in-person visits over the course of 6 months.

Location: The NIH Clinical Center, America's research hospital is located on the Metro red line (Medical Center stop) in Bethesda, Maryland.

For more information contact the Office of Patient Recruitment at : 1-800-411-1222

or 301-451-3782

TTY- 1-866-411-1010

Online, clinicaltrials.gov

Refer to study # 17-CH-0014

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