

HEALTH EFFECTS OF STRESS IN THE CITY



Does your pace of life in the city affect your health? Researchers at the National Institutes of Health (NIH) are conducting a study of two neighborhoods in Washington, D.C. in relationship to the environmental stress and the health behaviors of White and African American women. This research study will work to determine if there is a significant connection between neighborhood environment and the impact in women's health.



WHO CAN PARTICIPATE IN THIS STUDY?

- Healthy White and African American women 19-45 years of age
- You must live in **Wards 3 and 5** in Washington, D.C.
- Must have access to a smartphone.
- You must not be pregnant to participate in this study.

Location: The NIH Clinical Center, America's Research Hospital, is located in Bethesda, Maryland, on the Metro red line (Medical Center). Parking is available.

ABOUT THE STUDY

- Participants will wear an activity monitor, and use a smartphone to measure stress for at least 14 days.
- Electrocardiogram (EKG) and positron emission tomography-computed tomography (better known as PET/CT scans).
- All study-related procedures are provided at no cost to you.
- Compensation is provided.

CONTACT INFORMATION:

Office of Patient Recruitment

800-411-1222

TTY users call via MD Relay 7-1-1

Email: prpl@cc.nih.gov

Online: <https://go.usa.gov/xyQ36>

Please refer to study # 19-H-0120



National Heart, Lung,
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