The Clinical Center (CC) at the National Institutes of Health (NIH) is conducting a study to assess if an attention training program on a smartphone influences eating habits in girls between 12 and 17 years of age.

**Purpose:** To test whether an attention training program on a mobile phone will influence teens’ eating habits.

**Who:** Girls between the ages of 12 and 17 years old who are above average weight.

**About the study:**
- Girls will have a physical examination
- Answer questions in provided questionnaires and interviews
- A brain scan, and complete activities on a computer
- Eat a meal, and give urine and blood samples
- Girls will be given smartphones to carry with them for **two weeks** to complete brief tasks
- Parents/guardians will be informed about possible procedures and must give consent for participation
- Girls who qualify to participate in the study will be compensated for their time

**Time required:** One half-day screening visit. If eligible, participants will be invited to participate in the **Smartphone Program**, and to return to the NIH Clinical Center for 5 in-person visits over the course of 6 months.

**Location:** The NIH Clinical Center, America’s research hospital is located on the Metro red line (Medical Center stop) in Bethesda, Maryland.

For more information contact the Office of Patient Recruitment at: 1-800-411-1222 or 301-451-3782
TTY: 1-866-411-1010
Online, clinicaltrials.gov
Refer to study # 17-CH-0014

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