

THE NIH CLINICAL CENTER FAMILY CAREGIVER DAY

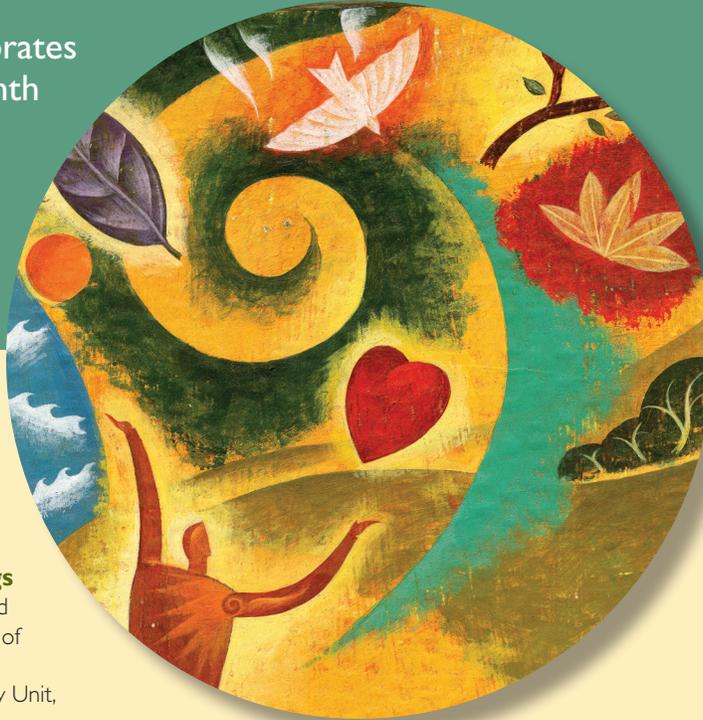
Are you supporting a family member
or friend with health care needs?

Join us as we recognize your
commitment as a caregiver.

The NIH Clinical Center celebrates
National Family Caregiver Month
with Family Caregiver Day.

Tuesday, November 8, 2011
8am – 2pm

www.cc.nih.gov/wecare



Guest Speaker

Lipsett Amphitheater

8 am – 9 am

Gary Epstein-Lubow, MD

**Strategic Directions for Assisting
Family Caregivers in Hospital Settings**

Assistant Professor, Department of Psychiatry and
Human Behavior, Warren Alpert Medical School of
Brown University, and Attending Psychiatrist and
Assistant Unit Chief, Inpatient Geriatric Psychiatry Unit,
Butler Hospital, Providence, Rhode Island

Information Fair & Expo: Schedule of Events

Hatfield Building, 7th floor

10 am – 2 pm

- Caregiver Resources
- Interactive Art Project
- NIH Patient Library
Resources for Caregivers
- Surfing for Support and
Social Work Resources
- Stress & Coping: Mental
Health Resources
- Nutrition Tips for a Healthier You
- Recreation and Welfare (R&W)
- The Children's Inn – A Place
Like Home
- Hope Connections for
Cancer Support
- NIH Campus Nature Walk

10 am – 1 pm

- Mind-Body Techniques,
Auxiliary Chapel

12 pm – 2 pm

- Guided Labyrinth:
Walking Meditation,
Main Chapel

1 pm – 2 pm

- Fitness Room, Room 7-3551
*for family and friends of
CC patients only*

Hatfield Building, 1st floor

10 am – 12 pm

- 30-minute Relaxation Chair Sessions,
Room 1-1341 NE
- Playroom is available to children of Clinical Center
patients ages 3-18, Room 1-5673

12 pm – 1 pm

- Piano Concert, Hatfield Atrium

1 pm – 3 pm

- Playroom is available to children of Clinical Center
patients ages 3-18, Room 1-5673

The Children's Inn – A Place Like Home

Available to parents of pediatric patients

6:30 am – 9:30 am Complimentary Breakfast

4:30 pm Parent Reception

7 pm Family Bingo

Evening:

A dinner will be offered for caregiver guests at the Edmond J. Safra Family Lodge and the Children's Inn.

Registration is not required. Individuals with disabilities who need reasonable accommodation to participate in these events should email their requirements to Leslie Wehrlen at lwehrlen@nih.gov or call the Federal Relay at 1-800-877-8339 at least one week in advance.

