

THE NIH CLINICAL CENTER FAMILY CAREGIVER DAY

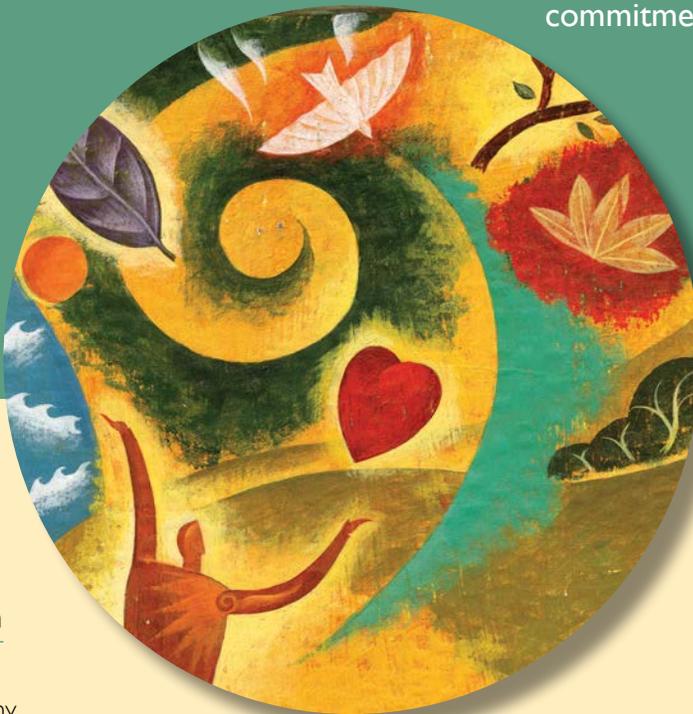
Are you supporting a family member or friend with health care needs?

The NIH Clinical Center celebrates National Family Caregiver Month with Family Caregiver Day.

Tuesday, November 17, 2015
11am – 2pm

www.cc.nih.gov/wecare

Join us as we recognize your commitment as a caregiver.



Information Fair & Expo: Schedule of Events

Hatfield Building, 1st floor Atrium

11:30am

Acapella Performance by NIH Nerds in Harmony

Hatfield Building, 7th floor

11 am–2 pm

Caregiver Resources

- Caregiver Photo Booth
- Animal-Assisted Therapy
- NIH Patient Library Resources for Caregivers
- Surfing for Support and Social Work Resources
- Stress & Coping: Mental Health Resources
- Nutrition Tips for a Healthier You
- The Children's Inn – A Place Like Home
- NIH Campus Nature Walk
- Plus more from local and national organizations

11 am–1 pm

- Mind-Body-Spirit Workshops, Auxiliary Chapel

1 pm–2 pm

- Fitness Room, Available to family & friends of CC patients only, Room 7-3551

Hatfield Building, 1st floor

11 am–12 pm

- Playroom is available to children of Clinical Center patients ages 3-18, Room 1-5673

1 pm–3 pm

- Playroom is available to children of Clinical Center patients ages 3-18, Room 1-5673

The Children's Inn – A Place Like Home

Available to parents of pediatric patients

6:30 am–9:30 am Complimentary Breakfast

Food Drive

Non-perishable food donations are being accepted to support the guests staying at the Edmond J. Safra Family Lodge and the Children's Inn. Please drop off non-perishable food donations to boxes located outside the 2nd floor cafeteria or at the registration tables during the event.

Evening:

A dinner will be offered for caregiver guests at the Edmond J. Safra Family Lodge and the Children's Inn.

Registration is not required. Individuals with disabilities who need reasonable accommodation to participate in these events should email their requirements to Leslie Wehrlen at lwehrlen@nih.gov or call the Federal Relay at 1-800-877-8339 at least one week in advance.



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